

CURRICULUM VITAE

Claus VÖGELE

Research Group Self-regulation and health
Institute for Health and Behaviour
Research Unit INSIDE
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wwwen.uni.lu/recherche/flshase/inside/research_domains/research_group_self_regulation_and_health

Nationality: German

ACADEMIC DEGREES AND PROFESSIONAL QUALIFICATIONS

- | | |
|------|---|
| 1983 | Diplom in Psychology (First Class)
(equivalent to MSc)
University of Landau |
| 1988 | Ph.D.
Department of Psychology, University of Hamburg |
| 1997 | Habilitation in Psychology and Clinical Psychology
(Professorial qualification)
Department of Psychology, University of Marburg |
| 2000 | Charter in Clinical Psychology and Charter in Health Psychology
(Statement of Equivalence in Clinical Psychology)
Membership and Qualifications Board, The British Psychological Society |
| 2006 | Health Psychology Stage 2 Supervisor recognition
Division of Health Psychology, The British Psychological Society |
| 2011 | Registration with the Health and Care Professions Council
(HCPC) (UK) as Practitioner Psychologist (Clinical Psychologist,
Health Psychologist) |
| 2013 | Recognition as Applied Psychology Practice Supervisor (Clinical
Psychology, Health Psychology, Teaching and Research)
Membership and Qualifications Board, The British Psychological Society |

RESEARCH AREAS

Clinical Psychology, Health Psychology, Biological Psychology, Psychophysiology, Behavioural Medicine

RESEARCH GRANTS

- 1985: *Physiological and subjective stress responses in surgical patients* (Studienstiftung des deutschen Volkes, term 3 years). - PI
- 1987: *Cardiovascular, electrodermal and endocrine reactions in passive coping situations* (DFG, term 1 year). – Co-PI.
- 1988: *Palmar sweat gland activity (PSI) under laboratory stress conditions: An examination of methodological issues* (UCB Pharmaceuticals, Brussels, term 1 year). - PI
- 1993: *Psychophysiological reactions to achievement stress and interpersonal conflict in patients with bulimia nervosa* (DFG, term 3 years, DM110.000). – Co-PI
- 1994: *Reliability and prognostic validity of cardiovascular reactivity to mental stress* (DAAD, term 2 years). – PI.
- 1996: *Psychophysiological reactivity and malnutrition status in bulimic patients* (DFG, term 3 years, DM164.000). – Co-PI.
- 2005: *Emotion regulation and health risk behaviours in children* (Alfried-Krupp-Science Foundation, term 5 months, €37.150). - PI
- 2005: *Understanding the role of the home environment in promoting obesity in “at risk” children* (Joint Innovation Fund, Universities of Surrey and Roehampton, term 1 year, £29.530). - PI
- 2007: *Professional Development Certificate in Mental Health Assessment* (UK India Education and Research Initiative, term 1 year, £52.500). - PI
- 2009: *Behavioural models for prevention of obesity with a particular focus on children*. EU, call for FP7 projects (14 consortium partners; term: 3.5 years; total volume: €2,5 mio). - Partner
- 2010: *Emotion Regulation and Decision-Making: Self-regulation in Practice*. Université du Luxembourg (term 3 years, €309.000). - PI
- 2011: *Neurophysiological correlates of body image disturbances in Anorexia nervosa*. Fonds National de la Recherche (AFR PhD - FNR) (term 3 years, €111.000). - Supervisor
- 2011: *An individually adaptable, BNCI-based, remote controlled Cognitive Enhancement Training for successful rehabilitation after stroke including home support and monitoring*. EU, ICT call FP7 projects (total applied for by 7 consortium partners: €3,5 mio, Luxembourg: €625.000). - Partner
- 2012: *Self-Regulation and Pain - Psychological factors in endogenous analgesia (SEREPA)*. Université du Luxembourg (term 3 years, €151.150). - PI
- 2012: *Breathing Spaces: Relating to nature in the everyday and its connections to health and well-being (BREATH)*. Fonds National de la Recherche (AFR-FNR) and Université du Luxembourg (term 3 years, €318.000). - Supervisor
- 2013: *Attentional processing of food and body cues in eating disorders*. Université du Luxembourg (term 2 years, €67.300). - PI
- 2013: *Epigenetic effects of early life adverse events on adult pathology (EpiPath)*. Fonds National de la Recherche (FNR) and Deutsche Forschungsgemeinschaft (DFG), (term 3 years, €1.881.888). PI: Claude Muller (CRP Santé). - Partner
- 2014: *Attentional Bias to Body- and Sexually-Relevant Stimuli (BODYBIAS)*. Fonds National de la Recherche (AFR PhD -FNR) (term 3 years, €117.000). – Supervisor
- 2014: *Adolescents and Exercise: acute effects on psychological and psychophysiological responses to anger-eliciting emotional stimuli (ADOLEX)*. Fonds National de la Recherche (AFR PostDoc-FNR) (term 2 years, €111.000). – Supervisor
- 2014: *Categorical Interoception: The effect of perceptual grouping on processing stimuli from the inside (CIP)*. Fonds National de la Recherche (AFR PostDoc-FNR) (term 2 years, €111.000). – Supervisor
- 2015: *Emotional, Restrained and Bulimic Eating in Lab and Daily Life (EMO-EAT)*. Fonds National de la Recherche (CORE-FNR) (term 3 years, €789.000). – PI

- 2015: *Attention bias to internal and external sources of threat in paediatric social anxiety (ALARM)*. Fonds National de la Recherche (AFR PostDoc-FNR) (term 2 years, €114.000). – Supervisor
- 2015: *Social rejection in early childhood and its effects on stress responses in later life (REJECT)*. Fonds National de la Recherche (AFR PhD -FNR) (term 31.5 months, €111.000). – Supervisor
- 2015: *The role of attachment and parental representations on mental health and wellbeing in adolescents (ATTACH)*. Fonds National de la Recherche (AFR PhD -FNR) (term 3 years, €120.000). – Supervisor
- 2016: *Categorical Interoception Project: How generalization and classification strategies link anxiety and interoception (CIP)*. Marie Skłodowska-Curie Actions, Individual Fellowships, Horizon2020 (term 2 years, €160.800). – Supervisor
- 2016: *PainDynamics: Research on the dynamics of attention bias for pain in daily life (PainDynamics)*. Marie Skłodowska-Curie Actions, Individual Fellowships, Horizon2020 (call H2020-MSCA-IF-2015) (term 2 years, €172.800). – Supervisor
- 2016: *Perceptual inference as a core mechanism of mindfulness: implications for pain regulation (PI-MIND)*. Fonds National de la Recherche (AFR PhD -FNR) (term 3 years, €120.000). – Supervisor
- 2016: *How does food taste in anorexia and bulimia nervosa? (FoodTaste)*. Swiss Foundation of Anorexia Nervosa (term 2 years, CHF164.517). – Partner
- 2017: *Sexual health and emotion regulation: investigating a reciprocal relationship (SHER)*. Fonds National de la Recherche (AFR PhD -FNR) (term 3 years, €120.000). – Supervisor
- 2018: *Mental comorbidity, interoception and emotion regulation in chronic pain patients (EMO-PAIN)*. KMT Hamm (Germany) (term 3 years €133.113) - Supervisor

SCHOLARSHIPS AND HONOURS

- 1981 - 1987 Scholarship, Studienstiftung des deutschen Volkes
- 2005 Fellow, Alfried-Krupp-Wissenschaftskolleg Greifswald, Germany
- 2006 Associate Fellow, British Psychological Society
- 2007 Fellow, Royal Society of Medicine (UK)
- 2009 Enterprise Fellowship, Roehampton University, London

Numerous travel grants: DFG (1993, 1996), Royal Society (1991, 2004), UK-India Education and Research Initiative (2007)

Honorary positions: *Past*: Universities of Basel and Lausanne (Switzerland), Birmingham (UK), Siegen and Würzburg (Germany); *Current*: Catholic University of Leuven (Belgium); Max-Planck-Institute for Human Development (Berlin, Germany); Section des sciences naturelles, physiques et mathématiques de l'Institut Grand-ducal (Luxembourg).

EMPLOYMENT

- 1983 - 1984 Research Assistant
Department of Psychology
St George's Hospital Medical School, University of London, UK
- 1984 - 1987 Part-time lecturer (Scholarship award for Doctoral Qualification)
Department of Psychology, University of Hamburg, Germany
- 1987 - 1990 Research Fellow (Medical Research Council)
Department of Psychology
St George's Hospital Medical School, University of London, UK
- 1987 - 1991 Visiting Lecturer
Department of Psychology, University of Hamburg, Germany
- 1990 - 1991 Lecturer in Health Psychology and Human Psychophysiology
School of Psychology, University of Birmingham, UK

1991 - 1997	Senior Lecturer in Clinical and Health Psychology (Wissenschaftlicher Assistent, C1) Department of Psychology, University of Marburg, Germany
1997 - 1999	Reader in Clinical and Health Psychology (Hochschuldozent, C2) Department of Psychology, University of Marburg, Germany
1998 – 1999	Deputy Professor of Clinical Psychology (Chair) Department of Psychology, University of Marburg, Germany
1999-2003	Professor of Clinical and Health Psychology (Chair) Department of Psychology, University of Luton, UK
2003 - 2010	Professor of Clinical and Health Psychology (Chair) Director Clinical and Health Psychology Research Centre School of Human and Life Sciences Roehampton University, London, UK
2010 to date	Professor of Clinical and Health Psychology (Chair) Deputy Director Research Unit INSIDE Head Institute for Health and Behaviour Chair University Ethics Review Panel Leader Research Group “Self-regulation and health” Director Master in Psychotherapy

OFFICES AND MEMBERSHIPS IN LEARNED SOCIETIES

Psychophysiology Society (UK)	Committee (1988 - 1991) Programme Secretary, 19th annual meeting, Royal Holloway and Bedford New College, 1991
Nutritional Psychology Research Group (UK)	Member
German Psychophysiological Society (FRG)	Full Member
German Psychological Society (FRG) (Sections Clinical and Health Psychology)	Full Member Chair Division of Health Psychology (2011-2013, 2013-2015)
German Society of Behavioral Medicine and Behaviour Modification (FRG)	Full Member, President (2014-2016, 2016-2018)
European Health Psychology Society	Full Member
Society of Behavioral Medicine (USA)	Full Member
American Psychological Association (USA)	International Affiliate
British Psychological Society (Divisions of Clinical Psychology and Health Psychology)	Associate Fellow Committee member Division of Health Psychology DHP representative Professional Practice Board (2001-2003) Health Psychology stage II supervisor Assessor for psychologists specialising in psychotherapy
Royal Society of Medicine (UK)	Fellow
German Society for Eating Disorders (DGESS)	Full Member
Eating Disorders Research Society (EDRS)	Full Member

SYMPOSIA AND CONGRESSES ORGANISED

- 1989 Symposium: „Psychophysiological Processes in Cardiovascular Disease“. Annual meeting of the Psychophysiology Society, Bristol University, Bristol, UK.
- 1990 Symposium: „Ambulatory Monitoring and Behaviour: Psychophysiology in the Natural Environment“. Annual meeting of the Psychophysiology Society, London, UK.
- 1991 Symposium: „Clinical Psychophysiology“. First European Psychophysiology Conference, Tilburg, The Netherlands.
- 1991 Free Communications session. Annual meeting of the Psychophysiology Society, Royal Holloway and Bedford New College, UK.
- 1993 Symposium (zusammen mit Craig K. Ewart): „Does Suppressing Anger Cause High Blood Pressure?“. 101st annual convention of the American Psychological Association, Toronto, Canada.
- 1998 Symposium: „Klinische Psychologie“. 40. Tagung experimentell arbeitender Psychologen, Philipps-Universität Marburg, Marburg.
- 1998 Symposium: „Experimentelle Psychopathologie“. 41. Kongreß der Deutschen Gesellschaft für Psychologie, Technische Universität, Dresden.
- 1999 Symposium: „Übergewicht“. IV. Symposium für gesundheitspsychologische Forschung der Fachgruppe Gesundheitspsychologie der Deutschen Gesellschaft für Psychologie, Universität Fribourg, Fribourg, Schweiz.
- 2000 Symposium: „Nutrition and Health“. 14th Conference of the European Health Psychology Society, Leiden, The Netherlands.
- 2000 Symposium: „Depression after myocardial infarction: aetiologic mechanisms, diagnosis and treatment“. 6th International Congress of Behavioral Medicine, Brisbane, Australia.
- 2001 Symposium: „Klinische Psychophysiologie“. 27. Arbeitstagung Psychophysiologische Methodik, Philipps-Universität Marburg, Marburg.
- 2002 Symposium: „Physiologische Psychologie“. 44. Tagung experimentell arbeitender Psychologen, Technische Universität Chemnitz.
- 2002 Symposium: „Cardiovascular Disease“. 7th International Congress of Behavioral Medicine, Helsinki, Finland.
- 2004 Symposium: „Psychophysiological processes“. 8th International Congress of Behavioral Medicine, Johannes-Gutenberg Universität Mainz.
- 2005 Symposium: „Was Hänschen nicht lernt... - Gesunden Lebensstil von Anfang an fördern - Lösungsstrategien zur Prävention von Übergewicht“. Experten-Roundtable veranstaltet in Zusammenarbeit mit dem Lebensmittelchemischen Institut Köln (LCI), Roehampton University, London, UK.
- 2005 Symposium: „Body and mind interactions in self-regulation and health“. Working group on “Neurovisceral integration and heart rate variability”, Roehampton University, London, UK.
- 2006 Symposium: „Gender specific factors in obesity“. 22nd Annual Conference of the German Obesity Society, Cologne.
- 2007 Symposium: „Essstörungen und Adipositas im Kindes- und Jugendalter“. 11. Kongress der Deutschen Gesellschaft für Verhaltensmedizin und Verhaltensmodifikation, Klinik für Psychiatrie und Psychotherapie der Ludwig-Maximilians-Universität München.

- 2007 Symposium: „Adipositas im Kindes- und Jugendalter“. 8. Kongress für Gesundheitspsychologie der Deutschen Gesellschaft für Psychologie (DGPs), Pädagogische Hochschule Schwäbisch-Gmünd.
- 2008 Symposium: „Gender and health“. XXIXth International Congress of Psychology, Berlin.
- 2008 Workshop and plenary lecture with Professor Allan Hobson (Harvard Medical School): „Sleep, dreaming and consciousness“. Clinical and Health Psychology Research Centre, Roehampton University, London, UK.
- 2008 Symposium: „Ethics of research with children“. Clinical and Health Psychology Research Centre and Institute of Child Wellbeing, Roehampton University, London, UK.
- 2008 Symposium: “Healthy food and healthy choices: a new European profile approach”. 7th International Symposium on “Multiple Risk Factors in Cardiovascular Diseases”, Venice, Italy.
- 2009 Symposium with Professor Allan Hobson (Harvard Medical School): ”Dream consciousness“. Clinical and Health Psychology Research Centre, Roehampton University, London, UK.
- 2009 “Beauty – an interdisciplinary symposium“. Clinical and Health Psychology Research Centre, Roehampton University, London, UK.
- 2010/11 “Klinische Psychologie, Gesundheitspsychologie und Neurowissenschaften“. Vortragsreihe im Sommersemester 2010 und Wintersemester 2010/11. INSIDE Research Centre, Université du Luxembourg.
- 2010 Symposium: “Ernährung, Körpergewicht und Gewichtsregulation“. 47. Kongress der Deutschen Gesellschaft für Psychologie, Bremen.
- 2010 Symposium: “Methodology“. Jahrestagung der Gesellschaft für Experimentelle Wirtschaftsforschung, Luxembourg.
- 2011 13. Kongress der Deutschen Gesellschaft für Verhaltensmedizin und Verhaltensmodifikation, 29.9.-1.10.2011, Luxemburg
- 2012 30. Symposium der Fachgruppe Klinische Psychologie und Psychotherapie der DGPs in Luxemburg, 17.-19.05.2012
- 2013 11. Kongress für Gesundheitspsychologie in Luxemburg, 05.-07.09.2013
- 2017 5th Biennial Conference of the Society for Ambulatory Assessment: Digital Health in Ambulatory Assessment, 15.-17.06.2017
- 2017 Symposium: “A Show Case of the Humanities: Exploring the Topic of Temptation“. International Conference: The Ends of the Humanities University of Luxembourg, 10. – 13.09.2017

EDITOR/ EDITORIAL BOARD MEMBERSHIP

- Journals:* Applied Psychology: Health and Well-Being (Associate Editor, 2013-2015)
 Chronic Illness (Associate Editor)
 European Journal of Health Psychology (Chief Editor)
 Frontiers in Eating Behavior (Chief Editor, 2012-2017)
 International Journal for Vitamin and Nutrition Research (Associate Editor)
 Verhaltenstherapie (Editor)

Special issues: Von der Forschung zur Praxis - 13. Kongress der Deutschen Gesellschaft für Verhaltensmedizin und Verhaltensmodifikation – DGVM. *Verhaltenstherapie*, 21 (suppl1), 1-41.

Books: Section *Health*. International Encyclopedia of the Social and Behavioral Sciences, 2nd edition. Oxford: Elsevier.

REFEREE, CONSULTANT EDITOR AND AD HOC REVIEWER

Research councils, government organisations and charities:

Deutsche Forschungsgemeinschaft [German Research Council] (DFG); Studienstiftung des deutschen Volkes; Max-Planck-Gesellschaft (MPG); Bundesministerium für Wissenschaft und Technologie (BMFT); Economic and Social Research Council (ESRC); Department of Health (UK); The German Israeli Foundation for Scientific Research and Development (G.I.F); National Health and Medical Research Council (Australia); Schweizerischer Nationalfonds zur Förderung der Wissenschaftlichen Forschung (Swiss National Funds); EU 7th Framework; EU Horizon 2020; European Science Foundation (ESF); European Research Council (ERC, advanced grants); The Cyprus Research Promotion Foundation (RPF); Fonds Nationale de la Recherche Scientifique, FNRS (Belgium); reviewer panel member (2012-2015) and chair (2016-2019) of the Fonds Nationale de la Recherche Scientifique (FNRS, Belgium) Scientific Commission “Sciences Humaines et Sociales – 2“; Fonds Wetenschappelijk Onderzoek, FWO (Vlaanderen, Belgium); National Initiative Brain and Cognition, the Netherlands Organisation for Scientific Research (NWO).

Doctoral Dissertations:

Graduate School, University of Essex; Department of Epidemiology and Public Health, University College London; Fakultät für Psychologie, Universität Basel; School of Psychology, University of Queensland, Australia; Humanwissenschaftliche Fakultät, Universität Potsdam.

Professorial qualifications (Habilitation) and Professorial Appointments:

Fakultät für Lebenswissenschaften, Technische Universität Braunschweig; Fakultät für Kultur- und Sozialwissenschaften, Fernuniversität Hagen; Fakultät für Erziehungswissenschaft, Psychologie und Bewegungswissenschaft, Universität Hamburg; Fachbereich Sozialwissenschaften, Medien und Sport, Johannes-Gutenberg-Universität Mainz; Fakultät für Ingenieurwissenschaften und Informatik, Universität Ulm; Fakultät für Psychologie, Universität Wien; Philosophische Fakultät II, Julius-Maximilians-Universität Würzburg; Philosophische Fakultät, Universität Fribourg.

Journals:

Annals of Behavioral Medicine; Anxiety, Stress, and Coping; Appetite; Behaviour Research and Therapy; Biological Psychology; Biological Psychiatry; Brain and Cognition; British Journal of Clinical Psychology; British Journal of Educational Psychology; British Journal of Health Psychology; British Journal of Medical Psychology; Child and Adolescent Mental Health; The Cochrane Library; Emotion; Ergonomics; European Child & Adolescent Psychiatry; European Journal of Cardiovascular Prevention & Rehabilitation; European Journal of Psychological Assessment; European Journal of Psychotherapy and Counselling; General Hospital Psychiatry; Health Education Research; Health Psychology; International Journal of Behavioral Medicine; International Journal of Obesity; International Journal of Psychology; International Journal of Psychophysiology; Journal of Affective Disorders; Journal of Behavior Therapy and Experimental Psychiatry; Journal of Hypertension; Journal of Neural Engineering; Journal of Psychophysiology; Journal of Psychosomatic Research; Journal of Public Health; Journal of Sexual Medicine; Kindheit und Entwicklung; Nutrition; Nutrition Research; The Journal of Pain; The Quarterly Journal of Experimental Psychology; Obesity; Ophthalmic and Physiological Optics; Perceptual and Motor Skills; Psychiatry Research; Psychologica Belgica; Psychological Reports; Psychology and Health; Psychology and Psychotherapy: Theory,

Research and Practice; Psychophysiology; Psychotherapy and Psychosomatics; Thorax; Zeitschrift für Gesundheitspsychologie; Zeitschrift für Klinische Psychologie und Psychotherapie; Zeitschrift für Neuropsychologie.

ADMINISTRATIVE OFFICES

School of Psychology, University of Birmingham

School Committee - Member

School representative for the Erasmus-Programme of the European Union

Department of Psychology, Philipps-University Marburg

Faculty Committee – Elected member

Appointing committee member (academic staff)

Member of the committee for the doctoral degree course in Clinical Psychology

Representative for Departmental Research Seminars

Deputy Director of the Clinical Psychology section

Department of Psychology, University of Luton

Chair in Clinical Psychology and Health Psychology

Director of the MSc in Health Psychology (accredited by the BPS)

Member of the Faculty Research Committee

Convener for Departmental Research Seminars

School of Human and Life Sciences, Roehampton University

Chair in Clinical Psychology and Health Psychology

School Research Director (School of Psychology and Therapeutic Studies, 2003-2004)

Director Clinical and Health Psychology Research Centre (2004 to 2010)

Assistant Dean Research (School of Human and Life Sciences, 2005 – 2006)

RAE Psychology co-ordinator (2003-2008)

Chair School Ethics Committee (2007 to 2009)

Université du Luxembourg

Chair in Clinical Psychology and Health Psychology

Deputy Director Research Unit INSIDE (2017 to date)

Head “Institute for Health and Behaviour” (2013 to date)

Head Research Group „Self-regulation and Health“ (2010 to date)

Deputy Head Doctoral School “Social Change and Sustainable Socioeconomic Development” (2014 to 2017)

Chair (term of office: 2016-2018) and founding member of the University Ethics Review Panel (2011 to date)

Elected member of the Faculty Board (2011-2017, 2017 to date)

Programme Director MSc Psychotherapy (2013 to date)

CLINICAL WORK

Professional training and qualifications

- February 1981 –
May 1981 Co-therapist (Supervisor: Mr W. Trautvetter, Clinical Psychologist)
Alsterdorfer Anstalten, Hamburg (District psychiatric hospital and university
teaching hospital)

Clinical assessment, individual and group therapy for adults and children with
learning disabilities
- August 1981 –
Nov. 1981 Co-therapist (Supervisor: Mr R. Pingel, Clinical Psychologist)
Psychosomatische Fachklinik, Evangelische Stiftung Ginsterhof
Tötensen, Hittfeld (Niedersachsen) (Private psychiatric hospital)

Clinical assessment, individual and group therapy for adult patients (including
older people) with psychological disorders including mental disorders in
association with neurological conditions
- February 1982 –
May 1982 Co-therapist (Supervisor: Karl Andre, Professor of Clinical and Educational
Psychology, University of Landau), Erziehungsberatungsstelle Landau
(Municipal counselling and therapy centre for children and adolescents)

Clinical assessment and intervention (individual and family based) for
children and adolescents with developmental, emotional and behavioural
problems
- October 1984 –
July 1987 Part-time Clinical psychologist (Supervisor: B. Dahme, Professor of Clinical
Psychology, University of Hamburg), Endo-Klinik Hamburg (Private
orthopaedic hospital)

Psychological preparation for surgery (as part of doctoral dissertation)
- March 1985 -
July 1985 Part-time clinical psychologist (Supervisor: Mr R. Pingel, Clinical
Psychologist), Psychosomatische Fachklinik, Evangelische Stiftung
Ginsterhof Tötensen, Hittfeld (Niedersachsen) (Private psychiatric hospital)

Clinical assessment, individual and group therapy for patients with a diagnosis
of mood disorders, anxiety disorders, obsessive-compulsive disorder, eating
disorders
- April 2000 Statement of Equivalence in Clinical Psychology
Membership and Qualifications Board, The British Psychological Society
- June 2011 to date Registration with the Health and Care Professions Council (HCPC) (UK) as
Practitioner Psychologist (Clinical Psychologist, Health Psychologist)
- April 2013 Registration as Applied Psychology Practice Supervisor (Clinical, Health,
Teaching and Research)
Membership and Qualifications Board, The British Psychological Society

Employment as Clinical Psychologist and medico-legal expert witness

- October 1991 -
March 1999 Part-time clinical psychologist (Part-time), Christoph-Dornier-Foundation for
Clinical Psychology, Marburg) (Therapy centre associated with the University
of Marburg)

Clinical assessment and individual therapy for patients with a diagnosis of mood disorders, (e.g. Major Depression), anxiety disorders (e.g. Social Phobia), eating disorders (e.g. Bulimia Nervosa)

- March 1992 -
July 1992 Clinical Psychologist, Research project "Are comprehensive lifestyle changes possible in German heart patients?" (L. Scherwitz, Visiting research professor and J. Siegrist, Professor of Medical Sociology, University of Marburg)
Group therapy for coronary patients and their spouses
- April 1994
- March 1999 Case presentations (seminars), Department of Psychology, University of Marburg
Exemplary clinical assessment and therapy with anxiety and eating disordered patients, and patients with HIV
- January 1996 -
July 1996 Development of a behavioural intervention program for coronary outpatients and their spouses (in collaboration with the Christoph-Dornier-Foundation for Clinical Psychology, Marburg)
- Since July 1996 Group therapy with coronary patients and their spouses (in collaboration with the Christoph-Dornier-Foundation for Clinical Psychology)
- 2000 to date Private practice including medico-legal services
- 2009 - 2010 Consultant Clinical Psychologist
Hertfordshire Community Health Services (NHS)

Extra-mural teaching on post-graduate courses for Clinical Psychology

- Since 1991 Visiting lecturer for Clinical Psychology
Christoph-Dornier-Foundation for Clinical Psychology, Marburg, Germany
- 1998 - 1999 Visiting lecturer for Clinical Psychology and Clinical Psychophysiology
University of Bonn, Bonn, Germany
- Since 2002 Visiting lecturer for Clinical Psychology
University of Basel, Basel, Switzerland
- Since 2002 Visiting lecturer for Clinical Psychology
University of Zürich, Zürich, Switzerland
- Since 2010 Visiting lecturer for Clinical Psychology
University of Trier, Trier, Germany

SUPERVISION OF DOCTORAL STUDENTS (PH.D.)

<u>Name</u>	<u>Topic</u>	<u>Year of completion</u>
<i>Past supervision</i>		
Yvonne-Jessica Kulbartz	Body image disturbance in bulimic patients	1997 (University of Marburg)
Siebke Melfsen	How do socially anxious children decode facial expression?	1998 (University of Marburg)
Katrin Kluwe	Familial transmission of restrained eating style	1998 (University of Marburg)
Anja Hilbert	Body image disturbance in binge eating disordered patients	2000 (University of Marburg)
Tanja Legenbauer	Cephalic phase responses to cue exposure in bulimic patients	2002 (University of Trier)
Andres Buchenau	Depression after myocardial infarction: Effects on heart rate variability and health behaviours	2005 (University of Marburg)
Angel Chater	Children's health and illness perception and health behaviour: an intervention approach	2007 (Roehampton University)
Margaret McLean	Communication practice and training needs on a cancer ward: a qualitative study of the views and experience of doctors, nurses and patients	2008 (Roehampton University)
Anke Franz	A multi-level analysis of influences on young people's sexual behaviour in relation to teenage pregnancy	2009 (Roehampton University)
Tara Finnerty	A cross sectional and longitudinal study of the effects of parents and peers on physical activity, dietary intake and body composition of 10-15 year old adolescents	2009 (Roehampton University)
David Bowles	Social cognition in adults with Avoidant and Borderline Personality Disorder features	2009 (Roehampton University)
Stephanie Winter	Effectiveness of drama-therapy in the rehabilitation of women experiencing domestic violence: a controlled trial	2010 (Roehampton University)
Stefan Sütterlin	Effects of self-regulation and frontal inhibition on neurovisceral integration	2011 (Université du Luxembourg)
Adrian Meule	Regulation of emotions and behavioural inhibition in relation to eating disorders	2014 (Universität Würzburg)

Slawomir Wojnusz	Prepubertal gonadotropin-releasing hormone analogue treatment and its effects on behavioural and psychological processes	2014 (University of Oslo)
Annika Lutz	Body perception and evaluation in anorexia nervosa	2015 (Université du Luxembourg)
Cristina Campillo	Computer-assisted interventions to improve self-regulation in patients with self-regulatory deficits	2015 (Université du Luxembourg)
Zoé van Dyck	The role of external and internal stimuli in the regulation of eating behaviour	2015 (Université du Luxembourg)
Silke Rost	The role of self-regulatory capacity in the adaptation to pain	2016 (Université du Luxembourg)
Jannika de Rubeis	Depression and ostracism: The role of attachment, self-esteem and rejection sensitivity for treatment success and depressive symptom deterioration	2016 (Université du Luxembourg)

Current supervision

Year of registration

Agnieszka Czeluscinska	Attentional bias to body- and sexually relevant stimuli.	2014 (Université du Luxembourg)
Violetta Schaan	Social rejection in early childhood and its effects on stress responses in later life.	2014 (Université du Luxembourg)
Alessandro Decarli	The role of attachment and parental representations on mental health and wellbeing in adolescents.	2015 (Université du Luxembourg)
Raquel Gomez Bravo	E-learning domestic violence: efficacy and effectiveness of a web-based training programme for junior health professionals.	2016 (Université du Luxembourg)
Charialos Lygidakis	Community- and mHealth-based integrated management of Type 2 Diabetes in primary healthcare in Rwanda.	2016 (Université du Luxembourg)
Shervin Vencatachellum	Perceptual inference as a core mechanism of mindfulness: implications for pain regulation.	2017 (Université du Luxembourg)
Julia Blanke	Supporting and stabilizing performance for people with limited meal planning and food shopping ability.	2017 (Université du Luxembourg)
Oleksii Domin	Enhancing physical activity in adolescents using mHealth technology	2017 (Université du Luxembourg)

PUBLICATIONS

1. Monographs and books

Vögele, C. (1988). *Perioperativer Stress. Eine psychophysiologische Untersuchung zu prä- und postoperativen Reaktionen chirurgischer Patienten*. [Peroperative stress – psychophysiological investigations of stress reactions in surgical patients]. Frankfurt a.M.: Peter Lang.

Vögele, C. (2009). *Klinische Psychologie: Körperliche Erkrankungen* [Clinical Health Psychology]. Weinheim: Verlagsgruppe Beltz - Psychologie Verlags Union.

Steffgen, G., de Boer, C. & **Vögele, C.** (2014). *Ärgerbezogene Störungen* [Anger related disorders]. Fortschritte der Psychotherapie. Göttingen: Hogrefe.

Steffgen, G., de Boer, C. & **Vögele, C.** (2016). *Mit Ärger konstruktiv umgehen* [How to cope with anger constructively]. Ratgeber zur Reihe Fortschritte der Psychotherapie Band 34. Göttingen: Hogrefe.

2. Articles in refereed journals

(total number of citations: 5071; *h*-index 42, source: Google Scholar, date: March 2018;
Link: <https://scholar.google.com/citations?user=VxJM8FsAAAAJ&hl=en>).

2.1 Regular articles

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TALKS AND PRESENTATIONS

More than 600 published conference abstracts and scientific presentations.

Invited presentations (last 6 years)

- 27.1.2011 *Psychological co-morbidity in Diabetes mellitus: assessment and therapy.* Conférence Éducation Thérapeutique du Patient Diabète & Obésité, CRP Santé, Luxembourg.
- 2.2.2011 *Kann man zu viel denken? Kognitionen und Gesundheit.* Abendkolloquium, Studium Generale, Universität Mainz, Mainz.
- 15.2.2011 *Keine Gesundheit ohne psychische Gesundheit.* EOS-Klinik Münster, Münster.
- 4.5.2011 *Emotionsregulation und Essen – la liaison dangereuse.* Kolloquium Fachbereich Psychologie, Universität Landau, Landau.
- 14.9.2011 *Medien, Körperbild und Körperunzufriedenheit in der Adoleszenz und im frühen Erwachsenenalter – Diskutant.* 20. Fachgruppentagung Entwicklungspsychologie der DGPs, Erfurt.
- 27.10.2011 *Psychological factors in childhood obesity.* Symposium “Food Consumption and Public Health”, FENS 2011, Madrid.
- 8.11.2011 *Selbstregulation und Gesundheit.* Fortbildungsreihe der AHG Klinik Berus, Saarland.
- 18.1.2012 *Emotionsregulation und Essen – la liaison dangereuse.* Wissenschaftskolloquium der Klinik und Poliklinik für Psychosomatische Medizin und Psychotherapie und Schwerpunkt Medizinische Psychologie, Universität Mainz, Mainz.
- 17.2.2012 *Emotionsregulation und Essen – la liaison dangereuse.* Wissenschaftskolloquium der Arbeitsgruppe Klinische Psychologie und Psychotherapie, Fachbereich Psychologie, Universität Trier, Trier.
- 28.08.2012 *Emotionsregulation und Essen – la liaison dangereuse.* Abendvortrag, Sommerakademie der Studienstiftung des Deutschen Volkes, La Villa, Italien.
- 08.09.2012 *Klinisch-psychologische Interventionen bei chronisch-körperlichen Erkrankungen.* 20. Wissenschaftliches Symposium für Psychotherapie: “Psychotherapie ist ...? Allgemeine und störungsorientierte psychotherapeutische Verfahren im Überblick”, Klinik für Psychosomatische Medizin und Psychotherapie des LWL-Universitätsklinikums der Ruhr-Universität Bochum.
- 14.11.2012 *Can one think too much? Cognitions, cognitive style and health.* Vortragsreihe des Fachbereichs Psychologie in Kooperation mit der Salzburger Gesellschaft für Psychologie, Universität Salzburg.
- 19.12.2012 *Can one think too much? Cognitions, cognitive style and health.* Department of Experimental-Clinical and Health Psychology, Ghent University, Ghent, Belgium.
- 13.05.2013 *Emotions and eating – la liaison dangereuse.* Research Group on Health Psychology, University of Leuven, Leuven, Belgium.
- 30.10.2013 *Emotionsregulation und Essen – la liaison dangereuse.* Wissenschaftliches Symposium “Psychophysiologie in der Psychosomatik”, Psychosomatische Fachklinik St.-Franziska-Stift, Bad Kreuznach.
- 20.11.2013 *Can one think too much? Cognitions, cognitive style and health.* Center for Adaptive Rationality (ARC), Max-Planck Institute for Human Development, Berlin.
- 05.12.2013 *Can one think too much? Cognitions, cognitive style and health.* Universität Heidelberg.

- 09.05.2014 *Psychological contributions to managing diets in chronically ill patients*. XVII international congress on nutrition and metabolism in renal disease, Würzburg.
- 20.06.2015 *Self-regulation and health*. Université Catholique de Louvain, Belgium.
- 14.03.2016 *Food, eating and emotions: les liaisons dangereuses*. Keynote address, 3rd International Conference on Behavioral Addictions, March 14–16, 2016, Geneva, Switzerland.
- 21.09.2017 *Promoting health and wellbeing using nudging and boosting interventions with digital technologies*. Workshop: Health economics in the national and EU context, Luxembourg Institute of Health.
- 21.11.2017 *Von der Leidenschaft zur Sucht: über die Komplexität menschlichen Verhaltens*. 1. Nationales Suchtsymposium, Suchtverband Letzebuerg asbl.
- 27.11.2017 *Emotionsregulation und Essen: la liaison dangereuse*. Institut Grand Ducal, Luxembourg.

TEACHING

Undergraduate and postgraduate teaching in Clinical Psychology, Biological Psychology, Health Psychology, Psychophysiology, Research Design and Experimentation, and Research Methods over the last 30 years at German, British and Swiss universities, and the University of Luxembourg. A complete list of teaching sessions can be made available upon request. Programme development, validation and accreditation at British universities (MSc in Health Psychology, stage I and II) and the University of Luxembourg (MSc in Psychology; MSc in Clinical Psychology/Psychotherapy).