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Education

- 2017-2020 **Ph.D. in Psychology**
University of Luxembourg, Luxembourg
- Thesis promotor: Prof. Dr. Joël Billieux
- Dissertation: Disentangling binge-watching behaviors: an exploration of its underlying psychological processes
- 2011 **M.A. in Clinical Psychology and Psychopathology**
University Paris VII, Paris
- 2009 **B.A. in Psychology**
University Paris VII, Paris

Professional experiences

- 2019 **Three-months research internship**
Gambling Treatment and Research Clinic (head: Prof. Dr. Sally Gainsbury)
The University of Sydney, Australia
- Since 2017 **Ph.D. student**
Addictive and Compulsive Behaviours Lab (head: Prof. Dr. Joël Billieux)
University of Luxembourg, Luxembourg
- 2012-2016 **Clinical psychologist**
Institut Médico-Educatif « La maison des enfants »
Trélon, France

- 2011-2012 **Clinical psychologist**
Maison de santé pluridisciplinaire
Ferrière-la-Grande, France
- 2010-2011 **Internship**
Centre Hospitalier Sud Francilien (nephrology department)
Evry, France
- 2010 **Internship**
Service de Protection Maternelle Infantile
Hautmont, France
- 2009-2010 **Internship**
Centre Médico-Psychologique
Fontainebleau, France
- 2008-2009 **Internship**
Clinique psychiatrique du Bocage
Louvroil, France

Publications

Journal articles (peer-reviewed)

Flayelle, M., Maurage, P., Karila, L., Vögele, C., & Billieux, J. (2019). Overcoming the unitary exploration of binge-watching: A cluster analytical approach. *Journal of Behavioral Addictions*, in press.

Billieux, J., **Flayelle, M.**, Rumpf, H.-J., & Stein, D. (2019). The need to distinguish high involvement from pathological involvement in video games. *Current Addiction Reports*, in press.

Flayelle, M., Starcevic, V., & Billieux, J. (2019). Beyond information overload and stress: a plea to acknowledge the complexity of problematic Internet use and consider individualized intervention strategies (commentary on Kumar et al., 2017). *Current Psychiatry Research and Reviews*, 15, 72-73.

Flayelle, M., Canale, N., Maurage, P., Vögele, C., Karila, L., & Billieux, J. (2019). Assessing binge-watching behaviors: Development of the « Watching TV Series Motives » and the « Binge-Watching Engagement » questionnaires. *Computers in Human Behavior*, 90, 26-36.

Flayelle, M., Maurage, P., Vögele, C., Karila, L., Billieux, J. (2019). Time for a plot twist: Beyond confirmatory approaches to binge-watching research. *Psychology of Popular Media Culture*, 8, 308-318.

Flayelle, M., Maurage, P., & Billieux, J. (2017). Toward a Qualitative Understanding of Binge-Watching Behaviors: A Focus Group Approach. *Journal of Behavioral Addictions*, 6, 457-471.

Scientific communications

Billieux, J., & **Flayelle, M.,** (2019). Distinguishing Passion from Addiction is crucial to avoid pathologizing common behaviors. Oral presentation at the 6th International Conference on Behavioral Addictions (ICBA). Yokohama, Japan, 17-19 June 2019.

Flayelle, M., Castro-Calvo, J., Vögele, C., Astur, R., Ballester-Arnal, R., Challet-Bouju, G., Brand, M., Cárdenas, G., Devos, G., Elkholy, H., Grall-Bronnec, M., James, R., Jiménez Martínez, M., Khazaal, Y., King, D., Liu, Y., Lochner, C., Steins-Loeber, S., Long, J., Potenza, M., Rahmatizadeh, S., Schimmenti, A., Stein, D., Tóth-Király, I., Tunney, R., Valizadeh-Haghi, S., Wang, Y., Wei Zhai, Z., Maurage, P., & Billieux, J. (2019). Cross-cultural validation of the « Watching TV Series Motives » and « Binge-Watching Engagement and Symptoms » questionnaires across nine languages. Oral presentation at the 6th International Conference on Behavioral Addictions (ICBA). Yokohama, Japan, 17-19 June 2019.

Flayelle, M., Verbruggen, F., Vögele, C, Maurage, P., & Billieux, J. (2019). Response inhibition in binge-watchers: A pre-registered study. Poster presentation at the « 15ème journées scientifiques du Groupe de réflexion en psychopathologie cognitive » (GREPACO). Reims, France, 6-7 June 2019. **(Poster award: 1st prize)**

Flayelle, M., Maurage, P., Vögele, C., Karila, L., & Billieux, J. (2018). Binge-watching engagement as determined by motivations, impulsivity and emotional reactivity: A cluster analytic approach. Oral presentation at the 2018 International Society for Biomedical Research on Alcoholism (ISBRA) World Congress. Kyoto, Japan, 9-13 September 2018.

Flayelle, M., Maurage, P., Vögele, C., Karila, L., & Billieux, J. (2018). Motivations, impulsivité, réactivité émotionnelle et engagement dans le binge-watching: Une approche par clustering. Oral presentation at the « 14ème journées scientifiques du Groupe de Réflexion en Psychopathologie Cognitive » (GREPACO). Liège, Belgium, 31 May – 1 June 2018.

Flayelle, M., Canale, N., Maurage, P., Vögele, C., Karila, L., & Billieux, J. (2018). Assessing binge-watching behaviors: Development of the « Watching TV Series Motives » and the « Binge-Watching Engagement » questionnaires. Oral presentation at the 5th International Conference on Behavioral Addictions (ICBA). Cologne, Germany, 23-25 April 2018.

Flayelle, M., Maurage, P., & Billieux, J. (2017) Development of questionnaires measuring the engagement and the motives related to TV series watching. Poster presentation at the « 13ème journées scientifiques du Groupe de réflexion en psychopathologie cognitive » (GREPACO). Lille, France, 1-2 June 2017.

Flayelle, M., Maurage, P., & Billieux, J. (2017). Toward an in-depth understanding of binge-watching behavior: a qualitative approach with focus group. Oral presentation at the 4th International Conference on Behavioral Addictions (ICBA). Haifa, Israel, 20-22 February 2017.

Published conference proceedings

Billieux, J., & **Flayelle, M.**, (2019). SY7-5. Distinguishing Passion from Addiction is crucial to avoid pathologizing common behaviors. *Journal of Behavioral Addictions*, 8 (Suppl. 1), 21.

Flayelle, M., Castro-Calvo, J., Vögele, C., Astur, R., Ballester-Arnal, R., Challet-Bouju, G., Brand, M., Cárdenas, G., Devos, G., Elkholy, H., Grall-Bronnec, M., James, R., Jiménez Martínez, M., Khazaal, Y., King, D., Liu, Y., Lochner, C., Steins-Loeber, S., Long, J., Potenza, M., Rahmatizadeh, S., Schimmenti, A., Stein, D., Tóth-Király, I., Tunney, R., Valizadeh-Haghi, S., Wang, Y., Wei Zhai, Z., Maurage, P., & Billieux, J. (2019). IO17-2. Cross-cultural validation of the « Watching TV Series Motives » and « Binge-Watching Engagement and Symptoms » questionnaires across nine languages. *Journal of Behavioral Addictions*, 8 (Suppl. 1), 160.

Flayelle, M., Maurage, P., Vögele, C., Karila, L., & Billieux, J. (2018). 101. Binge-watching engagement as determined by motivations, impulsivity and emotional reactivity: A cluster analytic approach. *Alcoholism: Clinical & Experimental Research*, 42 (Suppl. 2), 81A.

Flayelle, M., Canale, N., Maurage, P., Vögele, C., Karila, L., & Billieux, J. (2018). OP-50. Assessing binge-watching behaviors: Development of the « Watching TV Series Motives » and the « Binge-Watching Engagement » questionnaires. *Journal of Behavioral Addictions*, 7 (Suppl.1), 70.

Flayelle, M., Maurage, P., & Billieux, J. (2017). OP-28. Toward an in-depth understanding of binge-watching behavior: a qualitative approach with focus group. *Journal of Behavioral Addictions*, 6 (Suppl.1), 15.

Other talks

Addictive media use: Etiological models and underlying psychological processes. Cycle of lectures on Psychology and Health. University of Luxembourg, 15 November 2018.

Other scientific activities

Ad-hoc reviewer for the following scientific journals

- *Atlantic Journal of communication*
- *European Review of Applied Psychology*
- *Journal of Behavioral Addictions*
- *Plos one*

Scientific associations

Member of the International Society for the Study of Behavioural Addictions (ISSBA)
Member of the Groupe de Réflexion en Psychopathologie Cognitive (GREPACO)

Teaching experience

University of Luxembourg

- Assistant for the teaching “Psychological Interventions in Substance Use and Addictive Disorders” of the Master in Clinical Interventions (2017-2019).
- Lecturer for the seminar “Experimentalpraktikum” [“Experimental Methods”] of the Bachelor in Psychology (2017).

Students supervision

Academic dissertations co-supervision (Bachelor, Master)

Elodie Da Moura-Varela (2019). Développement d’une échelle mesurant l’estime de soi (en ligne) et la différence entre le soi « virtuel » et le soi « réel ». Bachelor thesis for the Bachelor in Psychology, University of Luxembourg.

Leonie Gärtner (2019). Rumination (constructive et non constructive) et implication excessive dans le binge-watching. Bachelor thesis for the Bachelor in Psychology, University of Luxembourg.

Marina Kremer (2019). Mood, transportation and binge-watching: An Ecological Momentary Assessment study. Bachelor thesis for the Bachelor in Psychology, University of Luxembourg.

Julie Schiel (2019). Response inhibition in binge-watchers: preliminary evidence from the stop-signal paradigm. Master thesis for the Master in Psychotherapy, University of Luxembourg.

Vera Hilger (2018). Visionnage de séries TV et régulation émotionnelle. Bachelor thesis for the Bachelor in Psychology, University of Luxembourg.